



'Move Better, Move Often' SFMA, Assessment That Works



Hello,

I am very excited that we have created a process to treat patients with referrals for Massage Therapy that do not originate here at Avante.

I have been fortunate the last 4 years to study with Dr. Michael Leahy, researcher and founder, and his associates to learn Active Release Technique; Michael Shacklock DPT researcher and founder of Clinical Neurodynamics and Dr. Justin Dean, co-researcher and developer for Dermal Traction Method.

These cutting-edge approaches to relieving nerve and musculoskeletal related pain are a joy to apply.

If you have patient's that you feel would benefit from this kind of treatment, I am happy to treat them.

Enclosed is a list of some important information that is needed to get your patient scheduled and ensure we have all that is required by their insurance provider to keep things running smooth. Many insurance companies now require this information pretreatment.

If you are willing, please fax it to 907-770-6707 and we will make sure the patient is covered and get them scheduled as soon as possible.

Please contact me with any questions: [ggibbs@avantemedical.com](mailto:ggibbs@avantemedical.com) or [907-770-6700](tel:907-770-6700).

Thank you!

Sincerely,

Thomas Grant Gibbs, LMT  
Full Body and Long Tract Nerve Entrapment Certified ART Provider  
Upper and Lower Quarters Clinical Neurodynamics Certified  
Certified SFMA Level 1  
Dermal Traction Method Practitioner  
Myofascial Trigger Point Therapist

T 907.770.6700

F 907.770.6707

915 West Northern Lights Blvd  
Anchorage, Alaska 99503

[AVANTEmedical.com](http://AVANTEmedical.com)



1. A signed patient records release form.
2. The demographics of the patient
3. A copy of both sides of the insurance card.
5. Chart notes showing medical necessity to include
  - a. History of pain (HPI), injury or condition; how it came about
  - b. Review of systems (ROS) that is pertinent to condition
  - c. Exam findings pertinent to condition
4. Referral from the ordering provider which includes
  - a. Diagnosis codes
  - b. Frequency and duration
  - c. Short and long-term goals

Once the benefits are verified, we will contact your patient to schedule their appointment(s).

Occasionally a letter of medical necessity may be requested by the insurance company, if this occurs, we will ask you to write a letter addressing the patients' medical necessity for massage therapy and then forward it to our office, so that we can get approval for services or appeal denied services.

**All the above information can be faxed to 907-770-6707.**

**Note: We do not currently bill for Worker's Compensation or personal injury cases.**

**Diagnosis codes that include the term 'unspecified' are not covered.**

**Fibromyalgia is often not covered as a diagnosis. You can use a diagnosis for painful areas.**

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